

SPECIAL
EDITION

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MAM DZIECKO W SZKOLE

free magazine
for parents, students and teachers

The aim of this conference is to identify methods and gather inspiration concerning the holistic support of the development of children. Parents as well as teachers, often feel helpless when they are facing the lack of motivation and behavioral disorders with children. We can observe a rapidly increasing number of children requiring specialist assistance (it means: psychological, psychiatric and socio-therapeutic). We want to extend ranges of help for children by developing better understanding of the students' problems and showing of non-aggressive ways and solutions.

That is why we start the Grand Game for Children's Potential and Health!

Well the kids today have everything they need at the reach of their hand. Starting at puberty we are doing everything we can to their advantage. Ok, let's stop for a moment, are you sure that we are doing everything that's possible?

As the casual analysis of the news paper market shows – the question of supporting a kid while he/she is attending school doesn't exist. There is around 15 titles on the market for parents of 5 and 6 year olds, but there is nothing for the parents of older children!

How is it possible, that for the parents of 5 million students there is no specially designed educational offer on the market? Is it because there are absolutely no problems with these children? Is it because these children have absolutely no problems?

It is a high time to fill this gap. A parent of a child attending school needs to possess enormous amount of knowledge, and skills to fulfill his or hers nurture challenges, to help your kids become self-reliant, intelligent person. To help your kid overcome self-development problems, and challenges associated



with learning at school. To know better what to watch after, where to get help from – if such help is needed.

To understand better and be able to successfully help!

Raising kids requires teamwork! That's why we have invited to the pro-

ject experts in such fields as psychology, pedagogy, doctors, lawyers and other professionals – joint together to build a workspace of competences and inspiration for complementary help for both children and parents.

Welcome to our project!

WE'RE STARTING!!!



THE GRAND GAME

FOR CHILDRENS POTENTIAL & HEALTH CAMPAIGN

A child in a E-World...

Did You know that first internet connection was assembled in Poland in the year 1990? Since then a lot of things have changed. Web resources are widely available, and LAN connections or WiFi are available at the reach of a hand. Today children are surrounded by cyber world practically since they are born. They don't know that there's a reality beyond tablets, smartphones and easy access to the web. What is the difference between them and us – grownups? We take a pen and a piece of paper to write something down, but the kids take their smartphone and take a picture of it.

CHILDREN RIGHT NOW ARE NOT AWARE OF A BG WORLD (BG Before Google)

Technology right now does not only impact the customs (for example: eating while texting), but also impacts the way that we look at all the information. Digital children search for in the internet, and as soon as they find it, they apply it. We on the other hand represent a population of gatherers and we respect all the acquired informations, but we don't fully understand the habit of searching for solutions and answers in our smartphone.

ANXIETY What is unknown to people, causes an anxiety, analog parents (children of the previous generation) feel unsure as to the new technologies, they are partially right. There are many dangers in the internet, and prolonged on-line presence may cause sort of an addiction (FOMO syndrome). Just as any other tool internet may sometimes be helpful but sometimes it may be harmful. It all depends on the way that the kid uses it, how much time does he/she spend on-line, and does the kid knows the does and don'ts of the internet.

WHAT CAN WE DO? If You want to be sure that your kid uses internet in an appropriate manner You have to be online with Your child. The starting point would be to learn all the current technologies, just so that we can understand them. Your child may become Your teacher in that case.

I'M BY YOUR SIDE, EVEN IF YOU DO SOMETHING WRONG... Keeping track starts with treating even the smallest challenges facing our kid seriously and with respect. When we pay attention to a small problem that faced our child, then we can be sure that our kid will come to us when faced with a big problem. Famous text "didn't I tell You..." needs to be substituted with "it's good that You are telling me that". If You see this as uneducational read a little about the results of stalking, and what happens when a child is left alone in dealing with mobbing, sexting, and being blackmailed.

ONE FALSE MOVE.... AND YOU'RE OUT! Accompanying Your child in the web is a very delicate manner. One false move from Your side and You will be rejected from Your child online activity. You have to remember that You play a role of a guest. Ask more, listen more – don't pretend to know better. Let the child be Your guide. The child shows us the fragile, virtual world, we on the other side have to show him the world of stable values and lasting relationships. Only together You will be able to use technology while staying aware and safe. Only together You will discover full spectrum of possibilities given to You by latest applications and web resources.

Teenagers between age of 13 and 17 send each other over 200 millions snaps each day (altogether). If You think that a snap is something to eat then You need an update! Join us in our next issue, we will continue on that note.

Grand Game for the our kids potential and wellbeing has started!

The Grand Game for the our kids potential and wellbeing is conducted under the patronate of the European Association of School Psychologist and Pedagogues

We are starting cooperation with psychology and pedagogy helplines, associations, Socioterapy Centers, experts in the field of kids and youth education, doctors and lawyers – in order to create Coalition for Complementary Development of Children and Family Support.

Project Grand Game is conducted in Poland on an nationwide scale. Its targeting 5 million children (both pre-school and older), their parents and teachers.

We are starting this Grand Game by launching free access to a place of psychoeducational first aid for children and families. Later on we will take a look at mapping out and distribution of the pro-development and pro-health model standards (guidelines) both in school as well as at home.

Our goals:

- helping and educating parents in solving their childrens problems in the fields of pedagogy, psychology, and psychosomathy, and with law.
- inspiring people to bulid pre-schools, and schools free from stress, sensoric and physical overload, aggression, that are at the same time friendly for children development (as well as parents and teachers development), health and creativity.
- initiation and conducting of research – including the research on the biophysical condition of the students, as well as testing of the factors crucial from the learning processes standpoint.

Project is based on integrated assist dedicated to parents based on:

- access to psychologic and pedagogic e-clinic, in order to receive first-aid in access to proffessionals
- access to online magazine free of charge to parents, in every school and every kindergarden
- working out of the model solutions for setting up the work space and prodevelopment standards in couple of schools and kindergardens in Poland
- media campaign as well as conferences, workshops, meetings, contests, aimed at promoting optimal actions aimed on supporting child development at the school and pre-school age.

Discover your learning strategy!



indywidualni.pl



Crucial zones in the school

Schools are designed as the working space of the teachers. But, it happens so that everyday a couple of million children spend there at least couple of hours. Do children have their space in schools? Millions of needs, millions of dreams Maybe it is worth to think about creating mini zones, places where there are important things happening for children?

Let us take a look at 5 zones, that relate to timeless needs of the human.

It's because a human possesses a tribal soul.

The Cave

The cave, tree hollow, hammock, a space separate from everything else...

A space to slow down, rest, lay down, to be on your own.

I'm not available to anyone. Give me a moment of peace.

Watering Hole

A board, advertising column: I will trade, sell, buy, looking for someone to help me with math, looking for a pair of gloves, I've got spare tickets... A place for spontaneous meetings, short conversations, fast exchange of information... without cause, maybe somehow something will happen, maybe I will get to know something interesting. Sip of water, sip of information, just on the run...

Campfire

A place for meetings, growing relations, staying longer together, to listen to stories, converse, talk about something, work on something in a group. Maybe we can work together for a better future for all of us. Let's sit in a joint circle.

Laboratory/Sandpit

A space of creative interactions. Graffiti wall for clues and solutions, inspiration and creative mess.

Maybe a corridor, or a hidden place in school, enabling You to search, create, experiment, destroy and create. Life is the art of creation.

Mountain top/Stage

This is me. See me. A place to expose your skills and potential.

Art exhibition, creation exhibition, drama classes.

I'm weak in geography, but that doesn't define me, since I'm the best in taking photos of the world.

A place for millions of dreams...

You can't spoil Your kid by giving him more than he needs of what he requires. Spoiled kids, are those that do not understand and accept the meaning of word "NO". They take into account that their wishes will be granted promptly and they act in a pretensional manner. But, this is the way in which only the spoiled kids develop, these that receive to much of what they don't need.

Jesper Juul



- What are the legal rights of a parent of a student?
- Does my child has disturbed sensory integration?
- Ideas for building good relationships....
- Map of child development
- Mood swings, lowered, mood, dysthymia, depression
- Interviews with...
- Parent's Academy

We gladly welcome parents in the first hotline psychological and pedagogical clinic available in Poland.

As You well know – beeing a parent is a job that no school can prepare You for! We all know that raising a child is a continous emotional rollercoaster of changing magnitude consisting of challenges and problems occuring since the first day of childs life up to the mo-moment when the child lives home – to go and live on his own.

Only in commercials You can build family ties using a jar of Nutella or sweet cheese, and problems are solved using magic syrup or a patch.

The reality is by far different.

Where from should a modern parent get the knowledge on how to decide whether this problem is serious or not?

How can we be experts in everything: from development psychology, through pedagogy, neu-rology, neurobiology, sociology, medicine, and so on?

Raising a kid is always challenging, hence the issues of developmental challenges.

What should You dWhat should You do when You encounter the problems in school, in learning, with dyslexia or ADHD, disruptions in sensory integration or other currently diagnosed disruptions based on neurobiological development.

We also have to deal with developmental crisis of Your kid, who has just recently appeared at home, revolt of the two year old, and even greater revolt of the four year old, and by far the greatest revolt of the teenager. But these are only regular symptoms appearing among the majority of children, these are the natural developmental processes, which You often have to just wait through. Sometimes however, You have to act, act fast, because it will not pass on its own.

How to tell apart the difference between developmental and clinical symptoms?

What every parent has to know?

We invite You to our online psychological and pedagogical clinic.

www.eporadniadlarodzicow.pl

We are here to provide You with first aid in the field of psychopedagogy, to advise You or bring You comfort. At this time we invite You to our reading room. Very soon we will be starting our phone and skype hotline.

Contact us: ➔ mamdzieckowszkole@gmail.com

What would You like to read about? What would You like to know?

What are the topics that You would like us to cover?

What is the biggest problem? What is most urgent?

Does the life of the parents of a pupil evolve mainly around the school?

We are waiting for Your questions, do not hesitate to contact us!

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In order to receive "I have a kid at school" directly to Your e-mail each month – please register on the website of our Online Psychological and Pedagogical Clinic.